

### Swine Flu

The University of the Sciences Emergency Preparedness Team continues to monitor the situation regarding the recent cases of swine flu that has been diagnosed among humans in Mexico, the United States, and other countries.

The U.S. Centers for Disease Control and Prevention (CDC) is the main source of information concerning the swine flu outbreak at <http://www.cdc.gov>.

While no cases have been reported in Pennsylvania, all members of the University of the Sciences' community are encouraged to practice healthy habits as established by the CDC:

- Cover your nose and mouth when you cough or sneeze
- Wash your hands often with soap and water
- Use Alcohol-based hand cleaners
- Avoid touching your eyes, nose or mouth to prevent the spread of germs
- Try to avoid close contact with sick people
- If you get sick with the flu, CDC recommends that you stay home from work or school, and limit contact with others

Individuals experiencing flu like symptoms are encouraged to contact their doctor or students can visit the Student Health Office.

For more information and updates on swine flu, visit the CDC's Web site at <http://www.cdc.gov> or <http://www.pandemicflu.gov>.

USP Student Health and Counseling  
4140 Woodland Avenue  
[www.usp.edu/shac](http://www.usp.edu/shac)  
215-596-8980

*Beginning Monday, May 18<sup>th</sup>, SHAC's summer hours of operation will be Monday – Thursday, 9 – 5 (unless otherwise posted).*